Smoke Inhalation SIGNS DAYLIGHT

Send Ten Cents for Trial Outfit

There must be readers suffering from onic catarrh who would like to know we they can stop catching cold after d. for they must realize that sooner later this may lead to serious deafas and injury to the system in general. The Blosser, a respected physician, and forty-three years an enormously successful specialist in catarrh, is the 'iscoverer of a pleasant, direct method that can be used by man, woman or child.

His Remedy is made from medicinal herbs, flowers and berries, which you smoke in a dainty pipe or cigarette, and inhale waper into all the air passages. It



arette, and inhale
e vapor into all the air passages. It
stalias no tobacco, even though it is
ed in the same manner.
Dr. Blosser's Catarrh Remedy is equaleffective in all forms of catarrh, bronfal irritation, asa ma, catarrhal
adache and ear
subles that may
ad to deafness.
ou will breathe
etter and foel
etter after using

For ten cents (in on or stamps) a mail package will be mailed, containing some of the temedy made into cigarettes, also some temedy made into cigarettes, also some temedy for smoking in a pipe and a neat title pipe. Month's supply, either form, osts ene dollar. Address The Blosser tompany, Box 2901, Atlanta, Ga.

NOTE—Should your druggist not carry by. Blosser's Catarrh Remeny in stock, e can secure it for you. Druggists do ot supply the Trial Outfits.—(Adv.)

Dr. J. E. Strecker Chronic and Special Diseases **Venous Treatments**

Skin, Cancer, Tumors Fischer Building Chattanooga,

HAD PELLAGRA, LIFE IS SAVED

Woman Suffering From Dreadful Malady Knows Treatment Saved Her Life.

Miss Annie Wright, Livingston, Fex., writes: "I feel well and can do house work just as good as I ever fid. I thank you many times for your treatment, for it saved my life, I

There is no longer any doubt that Pellagra can be cured. So sure are we that we can cure it, that we guar-antee absolutely to refund the money in case the remedy fails to cure.

Don't delay. It is your duty to con-puit the resourceful Baughn now. Write today for big free book on pel-lagra and learn of the remedy that has at last been found. Address American Compounding Co., Box 2025, Vasper, Ala.—(Adv.)

NOSE CLOGGED FROM A COLD OR CATARRH Apply Cream in Nostrils To Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous discharge, headache, dryness-no struggling for breath at night, your cold or catarrh is gone.

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist new. Apply a little of this fragrant, antiseptic cream in your nos-trils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking.

TOBACCO

A very interesting book has been published on tobacco habit—how to conquer it quickly and easily, it tells the dangers of excessive smoking, chewing, snuff using, etc., and explains how nervousness, irritability, sleeplessness, weak eyes, stomach troubles and numerous other disorders may be eliminated through stopping self-poisoning by tobacco. The man who has written this book wants to genuinely help all who have become addicted to tobacco habit and says there's no need to suffer that awful craving or restlessness which comes when one tries to quit voluntarily. This is no mind-cure or temperance sermon tract, but plain common sense, ily. This is no mind-cure or temperance sermon tract, but plain common sense, clearly set forth. The author will send it free, postpaid, in plain wrapper, Write, giving name and full address—a postcard will de. Address: Edward J. Woods WA 341, Station F. New York City. Keep this advertisement, it is likely to prove the best news you ever read in this journal.—(Adv.)



Noah's Hair Dressing It is Superb

It will preserve, beautify and restore the hair. Keep your hair in a smooth and glossy condition. Elegantly perfumed and known throughout the world.

Price 25c. If your dealer can't supply you send to us. Refuse

substitutes-Noah's is the favorite. Noah Products Corporation Richmond, Virginia

SAVING MEASURE

President Wilson Approves Bill to Set Clocks Forward One Hour March 31.

Washington, March 19.-The daylight saving bill was signed today by President Wilson. It puts all clocks forward an hour on the last Sunday in March and turns them back again the last Sunday in October.

The daylight saving plan will go into effect and be observed without the slightest disorganization or impairment of existing conditions. Trains will be run as usual, and every feature of daily life into which the element of time enters will remain un-changed.

Run on Sun Time.

Before retiring on the last Saturday of this month, the American householder will set his clock an hour ahead, and then may go to sleep and forget entirely about daylight saving until the last Saturday of October. On that date he will reverse the process, turning back the hands of the clock an hour and the next day the clock an hour, and the next day the nation again will run on "sun"

actually will rise, transact his daily business, and retire all an hour earlier than has been his custom, but with his clock an hour fast he will not know the difference. An hour of daylight thus will be conserved in

The plan's practicability and effi-ciency have been effectively demon-strated in twelve European countries. Some of Benefits.

Advocates of the plan, in presenting their case to congress, explained that the following beneficial results would be achieved by the system:

A great saving of illuminants, such as oil, gas and electric power.

Marked conservation of coal.

as the result of improvement in working conditions.

General benefits to the national

ecreation.

Reduction in the cost of living to some who can raise parden truck for domestic consumption; and improvement of the training conditions for the fighting forces.

Text of Bill.

The full text of the bill is as fol-'At act (S. 1854) to save daylight and

to provide standard time for the United States. "Be it enacted, etc., That, for the purpose of establishing the standard time of the United States the territory of continental United States shall be divided into five zones in the manner hereinafter provided. The standard time of the first zone shall be based on the mean astronomical time of the seventy-fifth degree of longitude west from Greenwich; that of the second zone on the ninetieth degree; that of the third zone on the one hundred and fifth degree; that of the fourth zone on the one hundred and twentieth degree; and that of the fifth zone, which shall include only Alaska, on the one hundred and fiftieth degree. That the limits of each zone shall be defined by an order of having regard for the convenience of commerce and the existing function points and division points of common carriers engaged in commerce between the several states and with foreign nations, and such order may be modi-fied from time to time.

"Sec. 2. That within the respective zones created under the authority hereof the standard time of the zone shall govern the movement of all common carriers engaged in commerce be tween the several states or between a state and any of the territories of the United States, or between a state or the territory of Alaska and any of the insular possessions of the United States or any foreign country. In all statutes, orders, rules, and regulations relating to the time of performance of any act by any officer or department of the United States, whether in the legislative, executive, or judicial branches of the government, or relat-ing to the time within which any rights shall accrue or determine, or within which any act shall or shall not be performed by any person sub-ject to the jurisdiction of the United States, it shall be understood and in-tended that the time shall be the United States standard time of the sone within which the act is to be

"Sec. 3. That at 2 o'clock anteme-ridian of the last Sunday in March of each year the standard time of each zone shall be advanced one hour, and at 2 o'clock antemeridian of the last Sunday in October in each year the standard time of each zone shall, by the retarding of one hour, be re-

OLD FOLKS NEED "CASCARETS" FOR LIVER, BOWELS

Salts, calomel, pills act on bowels like pepper acts in nostrils.

Enjoy life! Don't stay bilious, sick, headachy and constipated.

Most old people must give to the owels some regular help, else they after from constipation. The condisuffer from constipation. The condi-tion is perfectly natural. It is just as natural as it is for old people to walk owly. For age is never so active as outh. The muscles are less clastic.

And the bowels are muscles.

So all old people need Cascarets.

One might as well refuse to aid weak eyes with glasses as to neglect this sentle sid to weak bowels. The bow-els must be kept active. This is imriant at all ages, but never so much

as at fifty.

Age is not a time for harsh physics outh may occasionally whip the bowinto activity. But a lash can't be old need is a gentle and natural ic. One that can be constantly used without harm. The only such tonic is Cascarets, and they cost only cents per box at any drug store. They work while you sleep .- (Adv.)

AMERICA MUST DO MOLE TO REDUCE DOMESTIC CONSUMPTION OF CEREALS

Andre Tardieu, French High Commissioner to United States, Begs for Realization of Need of Increased Food Exports to Allies.

Baltimore, March 19 .- America must to more toward reducing the domestic consumption of cereals and increasing exports of that food to high commissioner to the United States, in an address he delivered here last night before the Southern Commercial congress.

"You must do it because it is a case of necessity, because it must be done," asserted M. Tardieu. "For these last three months the shipments cereals from America to Europe have been short about one-third of the supply recognized as indispensable to strictly compressed needs.' Summing up some of the economies

of food practiced in France and to emphasize his request for more food from America, M. Tardieu sald: . "You are aware that the French nation has always lived mostly on wheathread. Our pre-war consumption was 700,000 tons per month. Our present consumption has been now reduced to 539,000 tons, a reduction of about 25

"Of course, it was impossible to reduce to any great extent the bread ration of the soldier. That ration, which amounted in the first years the war to about twenty-five ounces has been progressively cut down to a little over twenty-one ounces.

turned to the mean astronomical time of the degree of longitude governing said zone, so that between the last Sunday in March at 2 o'clock antemeridian and the last Sunday in Oc-tober at 2 o'clock antemeridian in each year the standard time in each zone shall be one hour in advance of the mean astronomical time of the degree of longitude governing each

is oil, gas and electric power.

Marked conservation of coal.

Increased manufacturing production is the result of improvement in working conditions.

Zone, respectively.

"Sec. 4. That the standard time of the first zone shall be known and designated as United States standard eastern time; that of the second zone General benefits to the national hour bealth because of an additional hour United States standard central that of daylight which may be devoted to and designated as United States standard central that of the third zone shall be known and designated as United States standard central that of the dard mountain time; that of the fourth zone shall be known and designated as United States standard Pacific time; and that of the fifth zone shall be known and designated as United States standard Alaska time. "Sec. 5. That all acts and parts of acts in conflict herewith are hereby

POSTAL EMPLOYES TO **RECEIVE MORE MONEY**

Washington, March 19 .- Flat pay increases of 15 per cent. for all employes in the postal service, whether on an annual salary or day basis, and including those of all grades and classes, was recommended today by the senate postoffice subcommittee in revising the annual postoffice appropriation bill. The recommendations are subject to approval by the full committee, but are expected to be adopted.

The increases were declared to be necessary to meet the increased cost of living due to the war. The subcommittee also added provisions authorizing the postmaster-general to readjust pre-war contracts of mail wagon and other contractors and pro-vided for relief of contractors making stamped envelopes and recommending an increase in appropriation from \$1,-800,000 to \$3,000,000.

A new appropriation added would provide \$4,400,000 for purchase by the government of the pneumatic postal tubes in the larger metropolitan cities. In all the committee increased the \$323,000,000 house bill by \$22,000,000.

PLIGHT OF JAPANESE **DECLARED SERIOUS**

London, March 19.—A Tokio dispatch dated Sunday, forwarded by the Ex-change Telegraph correspondent at Peking represents the plight of Japanese subjects in the disturbed zone in eastern Siberia as serious. Their lives are in jeopardy and a boycott has been declared against them, it is amorted, while those who fall into the hands of the maximalists are plundered or sub-jected to even worse treatment.

NEGROES SEND THIRD PROTEST TO GOVERNOR

New York, March 19 .- A protest against the lynching of a negro in the courthouse yard at Monroe, La., on March 16 has been sent to Gov. Pleasant, of Louisiana by the National Association for the Advancement of Colorded Peoples, according to an announcement from the headquarters of the organization here. The association declared that this was the third tion declared that this was the third to declared that the same conveiled to the color of the shift color

Previous protests and requests for information concerning Louisiana's attitude toward these lynchings have been ignored, according to the association's officers.

NEGRO WOMEN TO OPEN NEW RED CROSS QUARTERS

Doing Their Bit to Help Win War, and Ask Assistance in Fitting Up Rooms.

The colored auxiliary of the Red

Tross association here will open new quarters Friday on A street, adjoining the Congregational church. Open couse is planned from 3 to 9 p.m. when the public is urged to visit the noms and see what the negro we are doing along this line. Mrs. E. A. Henry, widow of the late Prof. Henry. a chairman of the organization. tated Tuesday that the work is procreesing well and that about eighte five members have been secured. 'The gra womne of the community undertaking the work patriotication, the sold. "It is, of course, more or less of a sacrifice in many cases, as they are otherwise employed and -nly have snare hours to devote to mulished much. We hope to secure ufficient densitions to equip our new marters, and I hope that putrious white people, as well as colored, will visit us and sac what the norro doing to help win the war."

the civilian population, we had to es-tablish the individual bread card, al-lowing only about ten ounces per day, exports of that food to which means barely the third part of declared Andre Tardieu, the average daily bread consumption of the French peasant or workman pefore the war,

"But, on the other hand, as regards

"Feeding of horses and cattle on cereals which could be used for the making of bread has been prohibited. This resulted in a decrease of 50 per cent, in the number of horses in France and in an important reduction of our cattle.

"We have radically suppressed, on the other hand, all flour-consuming industries. The manufacturing of biscuits and of pastry has been com-pletely prohibited. Strict rules have been imposed on hotels and restaurants—namely, absolute suppression of fancy bread.

Why No Meatless Days.

"The suppression of meatless days resulted from the lack of cereals for the cattle feeding, which involved the killing of cattle, and the killing of cattle was meant, on the other hand, to bring about a reduction in the human consumption of these same ceof late, my good friend Mr. Hoover insisted that, as far as possible, we ought to try to substitute the meat consumption for the consumption of

EIGHT AMERICANS GIVE LIVES ON BATTLE FRONT

Pershing Reports Forty-four Casualties-Captain Either Dead or Captured.

Washington, March 19 .- Forty-four names appear on yesterday's casualty list issued by the war department, including that of Capt. James E. Miller, either killed in action or taken pris-

Eight men were killed in action, six died from wounds, twelve died from disease, one died from accident, five were severely wounded and eleven

were severely wounded and eleven were alightly wounded.
Lieut. John G. Kelly died from an accident, Lieut. Edmund P. Glover was severely wounded and Lieuts. John B. Graham and George H. Pendleton were among the slightly wounded. Of the eight killed in action five previously had been reported wounded. The list follows:

Killed in Action.

Sergeant-Paul H. Long. Sergeant—Faul H. Long.
Privates—Robert L. Clausen, William H. Hammet, Morrill B. Morrison,
Ira J. Rogers, William T. Smith, Trimble C. Sparks, Ray C. Walden.
(Privates Clausen, Morrison, Rogers,
Smith and Walden have been previously reported wounded.)

Milled or Prisoner. Captain-James E. Miller. Died From Wounds.

fard E. Breese, Frank A. Coyle, Herman D. Gentry.

Died of Disease. Sergeant-Richard H. Ellis.

Corporal—Charles Adams.
Cook—Lloyd T. Freeman.
Privates—Elek J. Berg, Grant H.
Cutler, Anton Hillman, Elmer Jackson, Robert Wells Williams, Daniel F. Kely, George Schwabauer, John Sisson later, Jonnie Wright.

Died of Accident. Lieutenant-John G, Kelly. Wounded Severely. Lieutenant-Edmund P. Glover.

Corporal-Oliver N. Ginther. Mechanic-William M. Maxwell. Wounded Slightly. Lieutenants-John B. Graham,

George H. Pendleton. Corporals—Howard A. Lerch, Dott Warren, Anthony Dicello, Graham Negus, Donald B. Swepston. Privates—Harry O. Jolly, John H. McGlown, George Herrancourt, Paul E.

More Powerful U-Boats Being Brought Into War

(New York Tribune Foreign Press Bureau.)
In its submarine campaign Germany

is using constantly more and more submarine cruisers, says Archibald Hurd, the naval critic of the Daily Telegraph, of Lendon. A year ago Germany was employing a relatively small number of medium-sized underwater boats, but now they have many more operating, and these include vessels of larger displacement. "They are driven on the surface not

protest it "had been compelled to make against lynchings in Louisiana within the last six weeks."

Experience which the enemy has gamed after three and a half years of war. They are armed with 5.9-inch guns, with a shell of just over ninety pounds with a shell of just over ninety pounds and a muzzle velocity of about 3,000 foot-seconds. They carry, therefore, more powerful weapons than any of the German light cruisers which were in service at the opening of the war. "Submarines, each provided with two guns of that type, with a certain amount of armor and many improve-

ments in equipment, look alarming on paper. It has still to be seen whether the higher speed—about eighteen knots—elstained by the substitution of the steam for the internal engines, and the increased fighting strength repreincreased fighting strength represented in guns and armor, and the greater radius of action, offer compen-sation for the greater displacement, involving a bigger crew, slower sub-mergence and the presentation of a bigger target for attack.
"I am not sure that the Germans have gained much on the balance.

Moreover, these submarine cruisers represent more labor and material in enstruction, and when they are sunk and we have got not a few-the inand we have got not a surjection overy respect than in the case of the smaller craft. But apart from the smaller craft. those considerations, the point to bear in mind is that the enemy has more vessels of various types at sea than at any period in the last twelve months of the sink-nt-sight policy."

Quinine That Does Not Affect Head Because of its tonic and laxative effect, ANATIVE BROMO QUININE (Tabletz) can be taken by anyone without caus-ing nervousness or ringing in the head There is only one "Brome Quinine." E GROVE'S signature is on box. 50c.

United States Judge Atkinson, Fomer Governor, Gives Opinion of Nuxated Iron

Case Cited by Dr. James Francis Sullivan of General Gordon, Hero of the Battle of Gettysburg, Who at Nearly 85 Years of Age Obtained Increased Strength and Endurance



United States Judge G. W. Atkinson, former Governor of West Virginia, Member of Congress, and United States District Attorney. Read below his opinion of NUXATED IRON.

should prescribe more organic iron—
Nuxated Iron—for their weak, nervous, anaemic, run-down patients."

Thousands of persons go on year after year suffering from physical weakness and a highly nervous condition due to a lack of sufficient iron in their red blood corpuscles without ever realizing the real and true cause of their trouble. But beware of the old forms of metallic iron which may in some cases do more harm than good.

Notwithstanding all that has been said and written on this subject by well known physicians, thousands of people still insist on dosing themselves with metallic iron, simply, I suppose, because it costs a few cents less. I strongly advise readers in all cases to get a physician's prescription for organic fron—Nuxated Iron—or, if you don't want to go to this trouble, then purchase only Nuxated Iron in its original packages and see that this particular name (Nuxated Iron) appears on the package.

Dr. A. J. Newman, late Police Surgeon of the City of Chicago and Former House Surgeon, Jefferson Park Hospital, Chicago, in commenting on the value of Nuxated Iron asid: "This remedy has proven through my own tests of it to excel any remedy I have ever used for surgeists.—(Adv.)

creating red blood, building up the nerves, strengthening the muscles and correcting disestive disorders. The manufacturers are to be congratulated in having given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public a long feit want, a true tonic, supplying given to the public to supplying given to the public t who make use of medicaments.

"It is without hesitation that I recommend Nuxated Iron to persons who in the stress of physical or mental labors have permitted the system to become debilitated, the body exhausted or the nerves run down. It has restored my appetite and my vitality. I feel that I have dropped off the burden of months of toil in the few weeks that I have been following the very simple directions for the use of Nuxated Iron."

Another remarkable case is that of General David Stuart Gordon, noted Indian fighter asd hero of the Battle of Gettysburg. In citing this case Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.) New York, and the Westchester County Hospital says: "The fact that General Gordon now declares that within a month Nuxated Iron revived his weakened vital forces and made him feel strong again with an endurance which he never hoped to again possess, brings out more clearly than anything else the force of what I have contended, namely: that physicians

Corporals-Charles H. Burke, Robert GET NEW KIDNEYS

organs of the human body, and when they fail in their work of filtering out and throwing off the poisons developed in the system, things begin to happen. One of the first warnings is pain o stiffness in the lower part of the back; highly colored urine; loss of appetite; indigestion; frritation, or even stone in the bladder. These symptoms indicate a

condition that may lead to that dreaded condition that may lead to that dreaded and fatal malady. Bright's disease, for which there is said to be no cure.

You can almost certainly find immediate relief in GOLD MEDAL Hearlem Oil Capsules. For more than 200 years this famous preparation has been an unfailing remedy for all kidney, bladder and urinary troubles. Get it at any drug store, and if it does not give you almost immediate relief, your money will be refunded. Be sure you get the GOLD MEDAL brand. None other genuine. In boxes, three sizes.—(Adv.)

₹DMONDSON

School of Business Shorthand, Typewriting, Bookkeeping, Banking, Penmanship, Civil Service and all commercial branches. Indi-vidual instruction. DAY and NIGHT SCHOOL.

C. W. EDMONDSON, LL.B.M.Accts., Sth Floor Volunteer State Life Bldg.

The House of Taylor

HOTEL MARTINIQUE

Broadway, 32d Street, New York One Block From Pennsylvania Station. Equally Convenient for Amusements, Shopping or Business.

157 Pleasant Rooms, With Private Bath, \$2.50 Per Day.

257 Excellent Rooms, With Private Bath, facing street, southern exposure, \$3.00 Per Day.

400 Baths' 600 Rooms

Also Attractive Rooms From \$1.50. The Restaurant Prices Are Most Moderate

AVOID REGRETS

Attend a reliable school. Good teachers. Good methods. Good results. All our graduates have good positions. A visit to our school will convince you. Classes day and night,

CHATTANOOGA BUSINESS COLLEGE SEVENTH AND MARKET STREETS.

TAKES THE PLACE OF DANGEROUS CALOMEL

New Discovery! Dodson's Liver Tone Acts Like Calomel But Doesn't Gripe. Salivate or Make You Sick-Don't Lose a Day's Work-Harmless Liver Medicine for Men, Women, Children-Read Guarantee!

Ugh! Calomel makes you sick. It's horrible! Take a dose of the dangerous drug tonight and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you are sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, it breath is bad or stomach sour, just try a spoonful

of harmless Dodson's Liver Tone tonight, Here's my guarantee-Go to any drug store and get a bottle of Dodson's Liver Tone for a few cents. Take a spoonful and if it doesn't straighten

you right up and make you feel fine and vigorous I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it can not salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.

For sale by Jo Anderson and All Leading Dealers.